

Norfolk Rec Baseball 2023 Calendar

MAY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Practice Schedule A	2 Practice Schedule B	3 Practice Schedule A	4 Practice Schedule B	5	6
7	8 Practice Schedule A	9 Practice Schedule B	10 Practice Schedule A	11 Practice Schedule B	12	13
14	15 Game Schedule A	16 Game Schedule B	17 Game Schedule A	18 Game Schedule B	19	20
21	22 Game Schedule A	23 Game Schedule B	24 Game Schedule A	25 Game Schedule B	26	27
28	29 No Practice	30 No Practice	31 Game Schedule A			

Practice A

FH: Braves (Coach) 5:30
 FI: Cubs (Coach) 5:30
 FJ: Orioles (Coach) 5:30
 FH: Pirates (Coach) 6:30 FF: Phillies (Farm) 5:30 FD: Yankees (Majors) 8:00
 FI: Red Sox (Coach) 6:30 FF: Rays (Farm) 6:45 FD: Giants (Majors) 6:45
 FJ White Sox (Coach) 6:30 FF Cubs (Farm) 8:00 FD Twins (Majors) 5:30
 FH: Mariners (Coach) 7:30 FG: Tigers (Farm) 6:45 FC: Royals (Majors) 5:30
 FI: Athletics (Coach) 7:30 FG: Nationals (Farm) 5:30 FC: Brewers (Majors) 6:45
 FJ: Padres (Coach) 7:30 FG: Dodgers (Farm) 8:00 FC: Cardinals (Majors) 8:00

Practice B

FH Blue Jays (Tee B) 5:30
 FI: Mets (Tee B) 5:30
 FJ Diamondbacks (Tee B) 5:30
 FH: Reds (Tee B) 6:30
 FI: Angels (Tee B) 6:30
 FJ: Royals (Coach) 6:30

 FF: Marlins (Minors) 5:30
 FF: Guardians (Minors) 6:45
 FF Rangers (Minors) 8:00
 FG Rockies (Minors) 5:30
 FG Astros (Minors) 6:45

Please note that Royals Coach Pitch Team will practice on Tuesdays and Thursdays.

Contact Norfolk Recreation Coordinator Program Coordinator Ron LaMe with question. Rlamie@norfolkne.gov

Norfolk Rec Baseball 2023 Calendar **JUNE**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Game Schedule B	2	3
4	5 Game Schedule A	6 Game Schedule B	7 Game Schedule A	8 Game Schedule B	9	10
11	12 Game Schedule A	13 Game Schedule B	14 Game Schedule A	15 Game Schedule B	16	17
18	19 Game Schedule A	20 Game Schedule B	21 Rain Make up Day or Practice	22 Rain Make up Day or Practice	23	24
25	26 Rec Baseball Season Ending Tournament Tournament TBA	27 Rec Baseball Season Ending Tournament Tournament TBA	28 Rec Baseball Season Ending Tournament Tournament TBA	29	30	

Practice A

FH: Braves (Coach) 5:30
 FI: Cubs (Coach) 5:30
 FJ: Orioles (Coach) 5:30
 FH: Pirates (Coach) 6:30 FF: Phillies (Farm) 5:30 FD: Yankees (Majors) 8:00
 FI: Red Sox (Coach) 6:30 FF: Rays (Farm) 6:45 FD: Giants (Majors) 6:45
 FJ White Sox (Coach) 6:30 FF Cubs (Farm) 8:00 FD Twins (Majors) 5:30
 FH: Mariners (Coach) 7:30 FG: Tigers (Farm) 6:45 FC: Royals (Majors) 5:30
 FI: Athletics (Coach) 7:30 FG: Nationals (Farm) 5:30 FC: Brewers (Majors) 6:45
 FJ: Padres (Coach) 7:30 FG: Dodgers (Farm) 8:00 FC: Cardinals (Majors) 8:00

Practice B

FH Blue Jays (Tee B) 5:30
 FI: Mets (Tee B) 5:30
 FJ Diamondbacks (Tee B) 5:30
 FH: Reds (Tee B) 6:30
 FI: Angels (Tee B) 6:30
 FJ: Royals (Coach) 6:30

 FF: Marlins (Minors) 5:30
 FF: Guardians (Minors) 6:45
 FF Rangers (Minors) 8:00
 FG Rockies (Minors) 5:30
 FG Astros (Minors) 6:45

Please note that Royals Coach Pitch Team will practice on Tuesdays and Thursdays.

Contact Norfolk Recreation Coordinator Program Coordinator Ron LaMe with question. Rlamie@norfolkne.gov